## 5<sup>th</sup> Annual Sharae Jones Memorial 5K

October 6, 2018 at 8:30am
Hicks Family Farms
184 Lasiter Rd. Lonoke, AR 72186
(Just outside Cabot off Hwy 321)

Last Name:					
First Name:					
DOB:			Sex: M or F		
Address:			City:		State:
Shirt Size: Adult S	Adult M	Adult L	Adult XL	Adult XXL	
Child XS	Child S	Child M	Child L		

## Release:

I know that running or participating in this event could be potentially hazardous. I should not enter and run in this race unless I am medically able and properly trained. I agree to abide by any decisions of a race official relative to my ability to safely complete the run. I assume all risks associated with running and volunteering to work this event including, but not limited to falls, contact with other participants, the effect of the weather, conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read the waiver and knowing these facts, and in consideration of your accepting my entry, I, for myself and anyone entitle to act on my behalf, waive and release Sharae Jones Memorial Run Committee and Hicks Family Farms, all sponsors, and their representatives and successors from all claims and liabilities of any kind arising out of my participation. I grant permission to all the foregoing to use any photographs, recording, or any other record of this event for any legitimate purpose.

Signature:	Date:
Parent Signature:	Date:
(if under 18 years)	

Please Make Checks Payable to: Sharae Jones Memorial 5k Mail or drop off registration: Advanced Nutrition Suite 6 c/o Sharae Jones Memorial 5k Cabot AR, 72023

5K Run/Walk Fees: \$20 until 07/01/18 \$25 until 09/16/18 \$30 Day of Race (T-shirt not guaranteed when registering after 09/16/18)

Sharae